



IONA
PRESENTATION COLLEGE

CO-CURRICULAR PROGRAM INFORMATION BOOKLET 2021

Term Three



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FROM THE DEAN OF CO-CURRICULAR

Welcome to our 2021 Iona Presentation College Senior School Co-Curricular program.

Learning at Iona Presentation College reaches beyond the realms of the classroom. We encourage you as students to dare, dream and explore. The College offers an extensive co-curricular program that is designed to build confidence, engagement and strong peer relationships. Our program offers multiple and diverse opportunities for enrichment, allowing you as students to discover and enhance your talents and skills. Co-Curricular opportunities at the College encourage the exploration of the amazing domains of Sport, Service, Music, Dance, Drama, Innovation, the Arts, Fashion, Public Speaking and Mock Trials, along with many opportunities to extend and expand your minds through the Gifted and Talented program

This information booklet is designed to give students an insight into the vast array of activities on offer at the College. Please read carefully and think about the activities that are of interest and that you might benefit and have fun participating in. Whether you like to throw or kick a ball, play an instrument, sing, dance, debate, speak or create; there is something for everyone. I encourage all students to participate in at least **one** activity per term.

Iona Presentation College believes students should be recognised for their high achievement and/or extended dedication to particular co-curricular activities. The College strives to make these awards equitable across a diverse range of endeavours and/or competition levels.

All co-curricular clubs and groups require each individual student to meet the full requirements for the activity whether it be a musical ensemble, a sporting team, a service group, an individual effort or a discussion forum. Once you have joined a co-curricular activity it is expected that you will make the appropriate commitment to it by attending all regular activity sessions, consulting with the coordinator regarding expected absences and potential clashes and contributing cooperatively to group and team activities.

There are of course, times when clashes will occur because of extra rehearsals, commitment within the school (as approved by your co-ordinator) or State and National Representation. **Please handle these with courtesy and consult with your coordinating teacher or coach as far in advance as possible to arrive at an appropriate accommodation for your circumstance.** Usually, some compromise can be found. If you have any difficulties in this regard, please see me so I can help you find a solution.

Please only sign up for groups for which you have adequate time. You may not be able to do everything you wish to do.

In the Senior School, Co-Curricular Awards will only be awarded if you satisfy the attendance, achievement, attitude and conduct criteria. Please refer to the Colours and Awards Policy located on the College SEQTA portal under 'Co- Curricular'.

Each term an updated timetable of Co-Curricular Activities will be made available to students on the SEQTA portal.

I hope you will have an enjoyable and fulfilling year as you participate in your co-curricular program in 2021.

Mrs Debra Powell
Dean of Co-Curricular

IONA CO-CURRICULAR PROGRAM INFORMATION

ACADEMIC

Chess Club

Time	Wednesday lunchtime- Commencing Week 3 Term 1
Venue	Room E111
Staff	Mr Cook and Mr Tirli
Membership	Open to Years 7-12
Description	Great for new or experienced players - we can teach you how to play! All year levels are welcome! Opportunities to enter competitions! For extra info, email: Mr Cook (Jonathan.Cook@iona.wa.edu.au) or Mr Tirli (Jordan.Tirli@iona.wa.edu.au)

Debating Club – Novice (Year 7/8) /Junior (Years 9/10) (Terms 1-3)

Time	<u>Preliminary rounds:</u> One or two lunchtimes a week preceding each debate (depending on the Season schedule) + evening debates (1-1.5 hours a week x 6 weeks) + <u>For teams progressing beyond preliminary rounds:</u> One or two lunchtime meetings between each finals debate + evening debates (this can be up to five more debates, depending on the team's success at each stage) Year 7 Novice Debating: Monday Lunchtime. Room W201 Year 8 Novice Debating: Monday Lunchtime. Room 48 Years 9/10 Junior Debating: Thursday & Friday Lunchtime. Room W204.
Venue	Evening debates: Various venues. Shenton College; Christchurch Grammar; or Hale School (depending on WADL fixtures – students are expected to be prepared to debate at any one of these venues) Finals debates – venues vary
Staff	Novice- Year 7: Ms Buchanan and Mrs Carr Novice – Year 8: Mrs Martelli Junior- 9/10: Ms Harris and Miss Eagling
Membership	Open to all students from Years 7-10
Description	In the Preliminary rounds: speaking roles will be rotated for the debating season; students are expected to contribute to preparation for all team debates; students are expected to attend every team debate, irrespective of whether they have a speaking role in the debate. The above also applies at the Finals stages of the competition; the exception being that speaking roles are assigned at the discretion of the Coach.

Debating Club – Senior (Terms 1-3)

Time	<p><u>Preliminary rounds</u>: One lunchtime a week preceding each debate (depending on the Season schedule) + evening debates (2 -2.5 hours a week x 5 weeks)</p> <p>+ <u>For teams progressing beyond preliminary rounds</u>: One lunchtime meeting between each finals debate (or at the discretion of the coach) + evening debates (this can be up to five more debates, depending on the team's success at each stage)</p> <p>Monday Lunchtime. Room W204.</p>
Venue	<p>Evening debates at various venues: Shenton College; Christchurch Grammar; or Hale School (depending on WADL fixtures – students are expected to be prepared to debate at any one of these venues)</p> <p>Finals debates – venues will vary</p>
Staff	Ms Perera
Membership	Open to all students from Years 11-12
Description	<p>In the Preliminary rounds: speaking roles will be rotated for the debating season; students are expected to contribute to preparation for all team debates; students are expected to attend every team debate, irrespective of whether they have a speaking role in the debate.</p> <p>The above also applies at the Finals stages of the competition; the exception being that speaking roles are assigned at the discretion of the Coach.</p>

Italian Culture Club (Terms 1-4)* NEW

Time	Weeks 2 & 10 Wednesday Lunchtime
Venue	W105
Staff	Mrs La Verghetta & Ms Kinder (Term 3)
Membership	Years 7-12
Description	<p>As an extension of the Italian Language course students are given the opportunity to explore the Italian Culture through food activities, music & film.</p> <p>Students of Italian should come along to this club if they want to:</p> <ul style="list-style-type: none"> • Make new friends who have similar interests in the Italian culture • Enjoy eating and cooking Italian food • Talk to people and share what you love about the culture • Like watching movies in other languages • Listen to music; watch shows and podcasts in Italian • Talk about travel plans in the future – places you would love to go.

French Culture Club (Terms 1-4)* NEW

Time	Weeks 2 & 9 Wednesday Lunchtime
Venue	W103/W105
Staff	Ms Champalle & Ms Koenig
Membership	Years 7-12
Description	<p>As an extension of the French Language course, students are given the opportunity to explore the French Culture through food activities, music & film.</p> <p>Students of French should come along to this club if they want to:</p> <ul style="list-style-type: none"> • Make new friends who have similar interests in the French culture • Enjoy eating and cooking French food • Talk to people and share what you love about the culture • Like watching movies in other languages • Listen to music; watch shows and podcasts in French • Talk about travel plans in the future – places you would love to go.

Indonesian Culture Club (Terms 1-4)* NEW

Time	Weeks 2 & 8 Wednesday Lunchtime
Venue	W105
Staff	Ms Sacher & Ms Teh
Membership	Years 7-12
Description	<p>As an extension of the Indonesian Language course students are given the opportunity to explore the Italian Culture through food activities, music & film.</p> <p>Students of Indonesian should come along to this club if they want to:</p> <ul style="list-style-type: none"> • Make new friends who have similar interests in the Italian culture • Enjoy eating and cooking Indonesian food • Talk to people and share what you love about the culture • Like watching movies in other languages • Listen to music; watch shows and podcasts in Italian • Talk about travel plans in the future – places you would love to go.

Mock Law Trials (Terms 1-2)

Time	<p>Minimum of one lunch time per week. Coaching sessions will take place once a week from 3.30-5.00pm in the lead up to a Trial. Monday afternoons 3:30-5:00pm</p> <p>There are usually three sessions before each Trial. These will be held on alternating afternoons to accommodate the schedules of the Coaches as well as student commitments.</p> <p>The Mock Trial competition takes place in Term 1 and Term 2 with three competitions. Teams who are successful in the first rounds proceed to further rounds in Term 3.</p>
Venue	<p>Preparation: Solais Cases heard at the Supreme Court of WA starting at 6pm.</p>
Staff	Mrs Ainsworth & Mrs Powell
Membership	Year 10 HASS students. Open to those girls who study Politics and Law in Years 11 and 12 and
Description	<p>The Mock Trial Competition is run by the Law Society of Western Australia and is an academic extension program that involves many schools within the metropolitan area. Students compete in teams representing their school. Teams are given case material from which to devise and argument and the case is presented at the Supreme Court of Western Australia.</p> <p>Trial dates are not known until approximately three weeks before the trial, as the date has to be negotiated with the opposing team and the trial judge. Trials can be held on any day from Monday to Thursday of Trial Week and you will be required to make yourself available on any one of those nights. The trial starts at 6pm and usually finishes around 8pm.</p> <p>As a team, the students take the roles of barristers, solicitors, witnesses and court staff and present a case before a judge in a real court room. This programme is a valuable way for students to learn about legal principles, trial process, court room procedure and court room etiquette firsthand. The Competition helps to enhance students' skills in analytical thinking, problem solving, presenting information in a structured way, speaking up in public, and working as a team.</p> <p>The Competition is a SCSA Provider-developed endorsed programme. Students have the opportunity to achieve WACE accreditation through their participation in the Mock Trial Competition.</p> <p>Students are required to sign a contract committing to the competition as it is demanding and requires 100% commitment. We have Law Students who coach us, and we need to be aware and respectful of the time commitment others put into this for us.</p>

Oracy

Time	Meetings as arranged by co-ordinator (during Terms 1-3); usually 1-2 lunchtime meetings per term. Lunchtime Meetings.
Venue	As arranged by co-ordinator
Staff	Ms Perera
Membership	Open to students in Years 8 & 9
Description	<p>Oracy Australia runs this assessment which is designed to help learners develop key skills of effective speaking and active listening, through a social and fun experience. At the completion of an Oracy assessment each student will receive a personalised report with feedback on key aspects of their performance.</p> <p>Students prepare and present the following: a talk to a small group, on an area of personal interest; a prepared reading aloud from a novel they have enjoyed; a memorised interpretation of a poem or prose extract; and engage in a question-and-answer session with their group. The group will be fellow Iona students.</p> <p>Students will work independently over several weeks in Terms 1- 3 to prepare their presentations, using one or two lunchtime meetings per term, to consult with the Oracy co-ordinator on their progress. The assessment will be held during normal school hours.</p> <p>Attendance is required at all lunchtime meetings, as arranged by the co-ordinator, and with required preparation done for each meeting. Additional meetings, should they be required, will be arranged in consultation with participants.</p> <p>2. Completion of the Oracy program goes towards meeting criteria for Colours in Public Speaking.</p>

Public Speaking

Time	Minimum of one lunch time per week. Increased preparation the week before a competition.
Venue	West Wing classroom as advised by Public Speaking Coordinator
Staff	Mrs Pettigrew
Membership	By invitation by Public Speaking Coordinator
Description	<p>The College participates in a variety of Public Speaking Competitions:</p> <p>The Lions Youth of the Year is a leadership and public speaking competition open to senior students. This competition requires students to write a prepared speech, present two impromptu speeches and also participate in an interview. The emphasis for this competition is leadership. The students normally have had a leadership role within the College. However, a student may participate without having held a formal leadership role. It is a very challenging and demanding competition.</p> <p>The Royal Commonwealth Society Speaking and Leadership Competition. This competition has both a Junior and Senior section. Participants are required to present an impromptu and prepared speech.</p> <p>The Rostrum Voice of the Youth Public Speaking competition. There are different age categories – Junior and Senior. The first round involves a prepared speech, but subsequent rounds involve both impromptu and prepared speeches.</p> <p>Plain English-Speaking competition involves Year 11 and 12 students. This competition is only open to Senior Students. They must be able to speak in an impromptu manner and also present a prepared speech.</p> <p>All students are expected to attend meetings on a weekly basis, but the commitment varies according to the demands of the competition and the age level. Guidance is given as a matter of preparation for both the prepared and impromptu speeches across all age levels. The students are provided with the opportunity to practise both prepared and impromptu speeches within school and assistance is provided.</p>

ACADEMIC EXCELLENCE PROGRAM

Creative Edge Challenge Junior (formerly Opti-Minds)

Time	Term 2, Weeks 5-10 to Term 3 Weeks 1- 6 Monday lunchtime
Venue	Room W204
Staff	Ms Neesham & Ms Christopher
Membership	Years 7 - 9
Description	The Creative Edge Sustainability Challenge is an inclusive team challenge which empowers participants to think create and communicate

Creative Edge Challenge (Senior)

Time	Term 1 - Monday Recess
Venue	Room 37
Staff	Ms Neesham
Membership	Years 10 – 12
Description	The aim of the Creative Edge Challenge is to provide students with an opportunity to develop their ability to think critically and creatively under pressure in a group environment.

Da Vinci Decathlon

Time	Term 1, Weeks 5- 8. Competition Week 9 Friday Lunch
Venue	W301
Staff	Ms Neesham & Mr Coutts
Membership	Year 7 – 8 team; Year 9 – 11 team
Description	The da Vinci Decathlon is an academic competition designed to challenge and stimulate the minds of school students. Students compete in teams of eight across 10 disciplines: Engineering, Mathematics and Chess, Code Breaking, Art and Poetry, Science, English, Ideation, Creative Producers, Cartography and General Knowledge.

Ethics Olympiad

Time	Friday afterschool 3:30pm – 4:30pm Senior Team Terms 1 & 2 Junior Team – Term 4
Venue	Solais
Staff	Ms Neesham & Mr Hardman
Membership	Years 7-9 Senior Team Terms 1 & 2, Junior Team Term 4.
Description	The Ethics Olympiad provides students with the opportunity to engage with peers from across Perth to discuss important and interesting ethical issues. Students develop skills around how to construct good moral and ethical arguments collaboratively.

Future Problem Solving

Time	Thursday morning 7:15am – 8:30am (Term 1 Week 5 – Term 3 Week 10)
Venue	Solais South and West
Staff	Ms Neesham & Mr Cook
Membership	Year 7-11
Description	FPS is an international educational program for students of all ages, focusing on the development of critical, creative and futuristic thinking skills. The program challenges students to apply their minds to some of the significant problems facing the world today.

Luminosity

Time	Friday After School 3:30pm -4:30pm (Term 1 Weeks 5-10 & Term 2, Term 3 and Term 4 Weeks 1-6)
Venue	Solais South
Staff	Ms Neesham & Mr Hardman
Membership	Years 7-12
Description	Luminosity is an opportunity for students to meet to discuss ethical dilemmas, curiosities and philosophical concerns in a fun and relaxing environment. The students are encouraged to think beyond the limits of the curriculum to engage in the realm of ideas, Inspirational!!

OzCLO

Time	Term 1 Wednesday Lunch (Term 1 Weeks 2-4) Will commence Term 4 for 2022
Venue	TBA by Co- Curricular Leader
Staff	Ms Neesham, Ms Bovell & Ms Teh
Membership	Year 8 -11
Description	OzCLO is a contest for high school students. It challenges them to develop their own strategies for solving problems in fascinating real languages.

Philosothon

Time	Term 3 Week 7 -10 to Term 4- Week 1-2 Friday 3:30-4:30pm
Venue	E206
Staff	Ms Neesham & Mr Hardman
Membership	Year 8 - 11
Description	The Philosothon is a competition that sees students engaging in a Community of Inquiry, seeking to investigate a complex ethical or philosophical problem in a collaborative manner.

UN Youth International Problem Solving*** NEW

Time	Term 3 Monday Afternoon – 3:30- 5:00pm 3 sessions <ul style="list-style-type: none"> • 9 August • 16 August • 13 September
Venue	E303
Staff	Mrs Ainsworth
Membership	Years 9-10
Description	International Problem-Solving activities have groups of students represent various stakeholders working to resolve a crisis that is unfolding in real-time, and the workshops are small-group educational workshops with a number of real-world examples and roleplaying activities to really engage students in international affairs. These activities are grouped into modules with overarching topics.

World Scholar's Cup- Deferred until 2022

Time	Term 1–Term 2, Monday lunchtime. Fortnightly. Term 3- WSC Tournament of Champions- Thursday lunchtime
Venue	Room 69
Staff	Mrs Branchi, Mr Coutts & Mrs Ormesher
Membership	Year 8 - 11
Description	The World Scholar's Cup is an international program designed to motivate students to discover new strengths and practise new skills. It provides students with opportunities to extend their learning across an array of subject areas.

CLUBS

Book Club

Time	Every week: Monday lunchtime: Year 9/10 Book Club Tuesday lunchtime: Year 11/12 Book Club Friday lunchtime: Year 7/8 Book Club
Venue	Solais
Staff	Year 7/8 Book Club: Ms Stewart Year 9 & 10 Book Club: Ms McDonnell Year 11 & 12 Book Club: Ms Thompson
Membership	Open to all students.
Description	<p>For like-minded students to meet regularly to:</p> <ul style="list-style-type: none"> • share their love of reading • expand reading genres • promote the value of reading to other students • value one another as readers and learners • express their interests in reading • improve literature skills • contribute to Book Week Activities • promote authors and genres to other students • use library resources <p>Every week the book clubs meet in the with a Teacher. With guidance, students participate in the following activities:</p> <ul style="list-style-type: none"> • Take turns to: <ul style="list-style-type: none"> ○ chair the meetings with clear objectives and goals and lead discussions ○ take notes of discussions ○ keep attendance records • Discuss books being read • Organise displays and other types of promotions • Run and judge competitions • Write articles for the Ionian • Assist with events such as Book Week activities <p>After a full year of consistent attendance, eligible for Book Club badge. Students must have</p> <ul style="list-style-type: none"> • Have an 80% attendance for a semester • Be an active participant of all the activities above

CREATIVE ARTS & TECHNOLOGIES

Animation Workshop – Term 2 & 3 *** NEW

Time	Thursdays 7:30am – 8:25am – Term 2, Week 9 to Term 3, Week 3
Venue	Room F303
Staff	Ms Giannasi & Ms Bird
Membership	Open to Year 8 and 9 students
Description	Learn to design and draw a character and then animate it to dance on the iPad

Design Club

Time	Thursday lunchtime
Venue	Room F303
Staff	Ms Bird
Membership	Open to Year 7 students
Description	In Design club this year, students will explore ProCreate on the IPAD and Adobe Illustrator to create illustrations that will be used for various stationery items. The girls will also get an opportunity to produce a simple animation using Adobe Anime to produce a 30 second short story.

‘Drawing on Glass’- Glass Engraving – Term 1

Time	Tuesday lunchtime Week 4, Term 1 - Week 9, Term 1
Venue	Room F605
Staff	Ms Corbett
Membership	Open to Year 8 students- limited places
Description	In this co-curricular you will learn how to use our engraving tools to ‘draw on glass’! Your first project will be to celebrate the life and work of Nano Nagle on a series of lantern panels using provided images. You will then design an image of your choice (your pet, your name, a popstar etc) that you will engrave onto a framed glass panel that you can keep for yourself, or gift to a friend/family member!

Edible Bush Tucker Garden Group

Time	Monday lunchtime
Venue	Room W301
Staff	Mrs Rankin
Membership	Open to Years 7-12
Description	<p>Great for new or experienced gardeners, budding cooks and creative minds. This will be an exciting new co-curricular opportunity that will focus on the maintenance and continued development of our newly established Edible Bush Tucker Garden. The group will be multifaceted and involve but not limited to gardening, picking/drying of plants which may then be dehydrated for later use in cooking. You will have the opportunity to create QR codes as part of our digital plant catalogue as well show creativity to enhance the appearance of the garden area. As the season's change we will refresh the plants and expand our knowledge about bush tucker vegetation, their uses traditionally and how we may incorporate these plants into our everyday lives now.</p> <p>For extra info, email Mrs Rankin (rochelle.rankin@iona.wa.edu.au)</p>

Iona Broadcasting Club

Time	Monday Morning- 7:30pm – 8:30am Friday Morning: 7:30am – 8:30am
Venue	Room F304
Staff	Mr de Byl, Ms Wolfe & Mr Battersby
Membership	Open to Year 9-12 students by invitation
Description	<p>The Iona Broadcasting Club is a by-invitation Broadcast-Journalism Group of 10 – 15 students who work collaboratively to create a monthly video-report on the events, initiatives and experiences taking place at the College. These video-reports will be broadcast on the Iona Facebook page and/or at College Assemblies.</p> <p>The Co-Curricular group is recommended for those interested in pursuing a career in Journalism, particularly Broadcast Journalism. A degree of experience in subjects such as Media, Film Studies and Production, Media Production & Analysis, Design & Multimedia, English, and Drama would make for the most suitable candidates.</p> <p>Students will be required to work with new media technologies including DSLR cameras, the new College Broadcasting Studio, Sound Recording devices and Editing Software, and will be required to attend a weekly one-hour co-curricular session, as well as dedicate additional time during the week to editing and completing story's and reports.</p> <p>In order to apply to be a member of the co-curricular, please email: ionanews@iona.wa.edu.au</p>

Maker's Club

Time	Tuesday 3:30pm- 5:00pm
Venue	Room F412
Staff	Ms Kelleher and Ms Costa
Membership	Term 1+2 Year 8 - 12 Students. Ability to sew is necessary. Term 3 Year 7 -12
Description	<p>Make your own fashion garment or craft textiles item with instructions and support from the TAS teaching team. You can also bring along your own patterns and ideas. Improve your sewing skills and have your own custom-made items to fit you perfectly.</p> <p>Entering your finished garment into the Apex Teenage Fashion Awards competition is an added opportunity for participants of this Textiles based co-curricular.</p> <p>The Apex Fashion competition requires students to design, manufacture and model their own fashion garments in front of judges against students from other schools. The categories of entry are casual wear or formal wear. Successful students can advance to State and National finals.</p>

Rainbow Felting – Term 1

Time	Tuesday afterschool Week 3, Term 1 - Week 7, Term 1
Venue	Room F410
Staff	Miss Richardson
Membership	Open to Year 9 students
Description	Students will create a felted rainbow using traditional felting techniques to create a contemporary design!

Painting Workshop- Term 3*** NEW

Time	Monday lunchtime- commences Week 3
Venue	Room F410
Staff	Miss Richardson
Membership	Open to 7-10 students
Description	Students will paint a succulent/cactus still-life composition onto wooden canvas.

Technology & Applied Studies (TAS) Food Technology Immersion Experiences ** NEW

Time	Various times throughout the year
Venue	TBC
Staff	Mrs McLean / Mrs Jones / Mrs Watson.
Membership	Various student groups
Description	<p>Throughout the year the Technology and Applied Studies Learning Area will be offering a variety of Food Based Immersion Experiences.</p> <p>Immersion will be advertised in the Daily Notices and students will be given the opportunity to sign up to these events.</p>

INNOVATION

First Lego League

Time	Semester 2, Thursday Afterschool, 3:45 – 5:00 pm
Venue	Room F406
Staff	Mr Coulter, Mr Duncan, Mr Palumbo, Ms Rosher, & Ms Gregory
Membership	Year 7-10
Description	FIRST LEGO League challenges students in Years 7-11 to think like scientists and engineers. Teams will choose and solve a real-world problem in the Project. They will also build, test, and program an autonomous robot using LEGO® MINDSTORMS technology to solve a set of missions in the Robot Game. Throughout their experience, teams will operate under core values celebrating discovery, teamwork, and gracious professionalism.

First Tech Challenge

Time	Semester 2, Thursday Afterschool, 3:45 – 5:00 pm
Venue	Room F 406
Staff	Mr Coulter & Mr Duncan
Membership	Year 11 -12
Description	FIRST TECH Challenge: students learn to think like engineers. Teams design, build, and code robots to compete in an alliance format against other teams. Robots are built from a reusable platform, powered by Android technology, and can be coded using a variety of levels of Java-based programming.

Minecraft Club

Time	Thursday lunchtime
Venue	Room F406
Staff	Ms Bovell
Membership	Years 7-12
Description	This club is open to all ability and interest levels! Each week a challenge will be set for students to complete, but students are also welcomed to work on their own projects; play around with crafting and coding; explore new worlds; or fight for their own survival as they try to complete the game

Robo Cup On Stage Performance

Time	Semester 1, Thursday Afterschool, 3:45 – 5:00 pm
Venue	Room F406
Staff	Mr Coulter, Mr Duncan, Mr Palumbo, Ms Rosher, & Ms Gregory
Membership	Year 7-9
Description	On Stage challenges teams of students to design, build, and program robots to perform. This performance can be in the form of a dance in time with the beat of the music, or a theatrical presentation. Teams are scored on their performance and their technical interview (including the technical description paper)

Robo Cup Rescue Line

Time	Semester 1, Thursday Afterschool, 3:45 – 5:00 pm
Venue	Room F406
Staff	Mr Coulter & Mr Duncan
Membership	Years 10-12
Description	Robots compete by following a winding line on a series of tiles to a designated rescue area. On the way the robot could encounter obstacles, bridges and short cut opportunities that will challenge the most intrepid programmer. After negotiating the randomly selected path, the robot arrives at a green coloured area which indicates a chemical spill. While the clock is still ticking the robot must find “the victim” before pushing them out of the quicksand to safety.

Solar Car Challenge

Time	Semester 2, Thursday Afterschool, 3:45 – 5:00 pm
Venue	Room F406
Staff	Mr Coulter & Mr Duncan
Membership	Years 7-12
Description	The Infinite Energy Solar Car Challenge has been designed to promote and develop expertise in using solar and renewable technologies. High School students will take on an exciting problem-based learning challenge and design, build, and race their very own solar-powered model car.

Swift Coding Club ***New

Time	Semester 2, Friday Lunchtime
Venue	Room F406
Staff	Mr Palumbo
Membership	Years 7-12
Description	<p>Would you like to learn how to code and create your own app for iPhones, iPads, Apple Watches and more?</p> <p>We are going to explore Swift which is a new and powerful programming language used by Apple to develop apps for iOS, iPadOS, macOS, tvOS and watchOS devices.</p>

Video Game Challenge ***New

Time	Semester 1, Thursday Afterschool, 3:45 – 5:00 pm
Venue	Room F406
Staff	Mr Coulter & Mr Duncan
Membership	Years 7-12
Description	Facilitating engagement with Science, Technology, Engineering and Mathematics, students learn vital skills for the future through designing, building and testing an original video game.

PERFORMING ARTS: DANCE AND DRAMA

College Production – Cast***

Time	Term 1: Monday – Thursday 3.30-6pm, Sunday 10-5pm, additional times and dates in January and March. ***Rehearsal for 2022 College Production will commence Term 4, 2021.
Venue	Nagle Hall/Dance Studio/Jack Narratt/Regal Theatre
Staff	Director, Choreographer and Musical Director
Membership	Auditions will be held for all roles. Open to all students who display an adequate ability in acting, singing and/or dancing. Auditions will be held during Term 3, with rehearsals held in Term 4 and Term 1 the following year. January school holidays will be compulsory. The Production week in March requires full day rehearsals at the Regal Theatre.

*Refer to schedule published by Performing Arts for specific rehearsal times for various groups.

College Production – Production Crew

Time	Term 1: Monday – Thursday 3.30-6pm, Sunday 10-5pm, additional times and dates in January and March.
Venue	Nagle Hall/Dance Studio/Regal Theatre
Staff	Director and Production Technical Manager (Mr Brant and Ms Welsh)
Membership	Open to all students who are currently active members of the Production Crew. Students will be selected based on their abilities for specific roles including sound operator (rehearsals), props assistance, set movement, additional duties as needed. Rehearsals held in Term 4 and Term 1 the following year. January school holidays will be compulsory. The Production week in March requires full day rehearsals at the Regal Theatre.

College Production – Wardrobe Crew

Time	Term 1 Sundays 10-5pm, additional times and dates in January and March.
Venue	Sewing Room/Regal Theatre
Staff	Wardrobe Manager (Ms Ward)
Membership	Open to all students with an interest in costumes and sewing. Sign-ups will take place in Term 3. Students will be selected based on criteria and availability. Students will be chosen to attend the Regal Theatre production week at the Wardrobe Manager's discretion. January school holidays and Sunday sessions will be compulsory. The Production week in March requires full day rehearsals at the Regal Theatre.

College Production – Orchestra****

Time	Term 1: Tuesday afternoon, Friday mornings, Sundays in March ****Term 4 2021- Rehearsal for College Production 2022 will commence.
Venue	Nagle Hall/Dance Studio/Jack Narratt/Regal Theatre
Staff	Musical Director
Membership	Auditions will be held for all available parts. Open to all students who display an adequate ability in a musical instrument. Auditions will be held during Term 4, with rehearsals held in Term 4 and Term 1 the following year. The production week in March requires full day rehearsals at the Regal Theatre.

College Production – Make-Up

Time	Term 1: Production Week
Venue	Regal Theatre
Staff	Ms Staniforth
Membership	Sign-ups will take place for all students who display an adequate ability in applying make-up. Students will be selected by the Performing Arts Department. This role requires minimal hours during Production Week in March. There may be a possibility of attending a workshop at Iona before Production Week.

College Production – Front of House

Time	Term 1: Performances only
Venue	Regal Theatre
Staff	Mrs Crump
Membership	Senior students only volunteer for this position who display strong communication skills, collaborative work ethic and have a professional and personable demeanour. Only needed at performances at the Regal Theatre.

Years 7-9 Production - Cast

Time	Term 2 Monday – Thursday 3.30-5.30pm, some Sundays 10-5pm in Term 2.
Venue	Nagle Hall
Staff	Director/s: Mr Brant & Ms Staniforth
Membership	Auditions will be held for all roles. Open to all students who display an interest in acting and performance. Auditions will be held during Term 1, with rehearsals held in Term 2. Some Sunday rehearsals will apply and are compulsory.

Years 7-9 Production – Production Crew

Time	Term 2: Monday – Thursday 3.30-5.30pm, some Sundays 10-5pm in Term 2.
Venue	Nagle Hall
Staff	Production Technical Manager:
Membership	Open to all students who are currently active members of the Production Crew. Students will be selected based on their abilities for specific roles including sound operator (rehearsals), props assistance, set movement, additional duties as needed. Rehearsals held in Term 2.

Years 7-9 Production – Make-Up

Time	Term 2: Production Week
Venue	Regal Theatre
Staff	Ms Staniforth
Membership	Sign-ups will take place for all students who display an adequate ability in applying make-up. Students will be selected by the Performing Arts department. This role requires minimal hours during Production Week in Term 2. There may be a possibility of attending a workshop before Production Week

Years 7-9 Production – Front of House

Time	Term 2: Performances only.
Venue	Nagle Hall
Staff	Mrs Crump
Membership	Students volunteer for this position who display strong communication skills, collaborative work ethic and have a professional and personable demeanour. Only needed at the performances.

Intermediate Festival Dance (Years 7-9)

Time	One afternoon a week during Term 2 and Term 3, plus some Sundays. Wednesday afternoon
Venue	Dance Studio/Nagle Hall
Staff	Mrs Brant
Membership	Auditions will be held for all roles. Open to all Years 7-9 students who display an adequate ability in dance and performance. Auditions will be held during Term 2, with rehearsals held in Term 2 and Term 3. Performances for this team include the IGSSA Dance Festival (Term 3), Performing Arts Showcase (Term 3), Open Morning (Term 3).

Senior Festival Dance (Years 10-12)

Time	One afternoon a week during Term 2 and Term 3, plus some Sundays. Additional rehearsals required in Term 4 for Presentation Night. Monday Afternoon.
Venue	Dance Studio/Nagle Hall
Staff	Mrs Brant
Membership	Auditions will be held for all roles. Open to all Years 10-12 students who display an adequate ability in dance and performance. Auditions will be held during Term 2, with rehearsals held in Term 2 and Term 3. Performances for this team include the IGSSA Dance Festival (Term 3), Performing Arts Showcase (Term 3), Open Morning (Term 3), Presentation Night (Term 4).

Interhouse Dance

Time	Term 2
Venue	Various venues on Campus
Staff	House Co-ordinators and House Staff
Membership	All years. Students must audition.
Details	Each House will devise a dance piece that is choreographed by the Senior Dancers in the House. The Dance piece is accompanied with and audition visual presentation.

Musical Theatre – Audition workshops ****NEW

Time	Term 3 – Afterschool 3 sessions <ul style="list-style-type: none"> Thursday 22 July Monday 26 July Thursday 6 August
Venue	Nagle Hall
Staff	Stage Combat Company- Lucy Fraser
Membership	. Open to all year groups.- sign up required
Description	The Musical Theatre Audition Workshops are designed for those students who love musical theatre or for those looking to develop their audition technique when it comes to auditioning for a musical. Students are able to sign up for one, two or three workshops where they will receive advice and tips on how to hone their singing, acting and dancing ability. This is an ideal activity to participate in if students are thinking about auditioning for the College Production

Production Crew (Club)

Time	Thursday lunchtime- Terms 1-4. Additional technical rehearsals will be held throughout the year during after school/evenings.
Venue	Dance Studio/Nagle Hall
Staff	Ms Crane
Membership	Open to all students who display an interest in the technical and backstage duties of a performance. Students will learn skills that will enable them to coordinate and run live performances, including roles such as stage manager, sound, AV and lighting operator, and backstage assistance. Must consistently attend all lunch time sessions and technical rehearsals. Performances include Open Mornings, Year 11 Shakespeare, Year 12 Drama performances, Performing Arts Festival Showcase.

Wardrobe Crew (Club)

Time	Thursday lunchtime, Term 1-4. Additional technical rehearsals will be held throughout the year during after school/evenings. Commencing Week 8 Term 1.
Venue	Wardrobe Room /Nagle Hall
Staff	Ms Ward
Membership	Years 7-12
Description	Open to all students who display an interest in costume and textiles. Students will learn about costume history, management of costume for performances, sewing and millinery (hat making) techniques, whilst helping to keep the busy wardrobe department running smoothly.

PERFORMING ARTS: MUSIC

MUSIC: CHORAL

Chorale

Time	Monday morning: 7.00am – 8.30am
Venue	Room 32A
Staff	Mrs Lamborn
Membership	Open by audition to students from Years 8-12. Auditions for new group members will commence in Term 4 after Year 12 students leave; however, prospective new members can always request an audition from Mrs Lamborn at any time at the start of the year. Members should possess good sight-reading abilities or an excellent aural ability.
Description	Repertoire is taken from the classical, popular and sacred music. The Chorale will sing in three, four and five parts and music is generally of a more difficult standard than that of the choirs. The Chorale is often required to lead the singing at masses.

College Choir

Time	Thursday morning: 7.30am – 8.30am
Venue	Room 32A
Staff	Ms Lamborn
Membership	Open to any Year 8-12 student who loves to sing regardless of vocal ability. No audition necessary.
Description	Repertoire is taken from light classics and popular music. The choir will sing songs in unison, two and three parts. Members are required to attend all rehearsals and performances.

Year 7 Choir

Time	Friday morning: 7.30am – 8.30am
Venue	Room 32B
Staff	Ms Kingwell
Membership	Open to any Year 7 student who loves to sing regardless of vocal ability. No audition necessary
Description	Repertoire is taken from light classics and popular music. The choir will sing songs in unison, two and three parts. Members are required to attend all rehearsals and performances.

Swing Out Sisters

Time	Tuesday morning: 7.30am – 8.30am
Venue	Room 41
Staff	Mrs Lamborn
Membership	Open by audition to students from Years 8-12. Auditions for new group members will commence in Term 4 when Year 12 students leave; however, prospective new members can always request an audition from Mrs Lamborn at any time at the start of the year. Members should possess good sight-reading abilities or an excellent aural ability.
Description	Repertoire is taken from 20 th and 21 st Century popular classics. The Swing Out Sisters will sing songs in four-part close harmonies, incorporating movement. This group specialises in unaccompanied singing..

MUSIC: INSTRUMENTAL

Brass Ensemble (Project Ensemble)

Time	Project Ensembles will have intensive rehearsals or a short period of time before a given performance. They will not have a regular timetabled weekly rehearsal schedule.
Venue	To be advised by Ensemble Director
Staff	Mrs Toussaint-Jackson
Membership	Open to any developing brass student. No audition necessary
Description	Repertoire is taken from light classics, band and popular music.

Chamber Ensemble

Time	Tuesday morning: 7.30am – 8.30am
Venue	Room 32B
Staff	Ms Murase
Membership	Open to invited string students only.
Description	This ensemble will play advanced repertoire from the classics. For extra information, email: tonya.lamborn@iona.wa.edu.au

Clarinet Ensemble (Project Ensemble)

Time	Project Ensembles will have intensive rehearsals or a short period of time before a given performance. They will not have a regular timetabled weekly rehearsal schedule.
Venue	To be advised by Ensemble Director
Staff	Ms Thomson
Membership	Open to any clarinet player. No audition necessary.
Description	Repertoire is taken from classic orchestral music, film, stage and popular music.

Composers Club

Time	Monday Afternoon 3:45pm – 4:45pm
Venue	Room 32A
Staff	Mr Kingwell
Membership	Any student from Years 7-12.
Description	For budding composers from beginners to those who wish to hone their craft, whether they are songwriters or classical composers. Students will workshop their ideas and play each other's compositions. Compositions may be performed at Mojo's, Music Night or the Performing Arts Festival. For extra information, email: adrian.kingwell@iona.wa.edu.au

Concert Band

Time	Friday morning: 7.30am – 8.30am
Venue	Room 38
Staff	Mrs Lamborn
Membership	Open to instrumentalists who play a wind, brass or percussion instrument and are keen to play in an enjoyable, high-achieving ensemble. Students must audition or be invited to join. If a student is already experienced on her instrument by Year 7, she is eligible to audition for the Concert Band
Description	Repertoire is taken from classic band music, film, stage and popular music.

Flute Choir (Project Ensemble)

Time	Project Ensembles will have intensive rehearsals or a short period of time before a given performance. They will not have a regular timetabled weekly rehearsal schedule.
Venue	To be advised by Ensemble Director
Staff	Miss Hicks
Membership	Open to any flute student. No audition necessary.
Description	Repertoire is taken from classic orchestral music, film, stage and popular music.

Guitar Ensemble (Project Ensemble)

Time	Project Ensembles will have intensive rehearsals or a short period of time before a given performance. They will not have a regular timetabled weekly rehearsal schedule.
Venue	To be advised by Ensemble Director
Staff	Mr Disley
Membership	Any classical guitar student may join.
Description	Repertoire is taken from the guitar classics.

Jazz Band

Time	Tuesday morning: 7.30am – 8.30am
Venue	Room 38
Staff	Mr Miller
Membership	Open to students who play saxophone, trumpet, trombone, drum kit, guitar, electric bass, electric guitar or keyboard. Students must audition or be invited to join. If a student is already experienced on her instrument by Year 7, she is eligible to audition for the Jazz Band.
Description	Repertoire is taken from jazz band standards and film, stage and popular music.

Percussion Ensemble (Project Ensemble)

Time	Project Ensembles will have intensive rehearsals or a short period of time before a given performance. They will not have a regular timetabled weekly rehearsal schedule.
Venue	To be advised by Ensemble Director
Staff	Mr Vickery
Membership	Open to any percussion student. No audition necessary.
Description	The percussion ensemble plays a variety of body percussion and instrumental pieces.

Piano Ensemble (Project Ensemble)

Time	Project Ensembles will have intensive rehearsals or a short period of time before a given performance. They will not have a regular timetabled weekly rehearsal schedule.
Venue	To be advised by Ensemble Director
Staff	Mr Soares
Membership	Open to piano students from Years 7-12
Description	This ensemble will give piano students the opportunity to play duets, trios, two-piano works and multiple hands on multiple instruments. For extra information, email: tonya.lamborn@iona.wa.edu.au

Rock Bands 1-8- Need to check this according to the Music TT 10

Time	Year 10 Rock Band: Tuesday afterschool Year 9 Rock Band: Tuesday lunchtime Year 11.1 Rock Band: Wednesday before school Year 11.2 Rock Band: Wednesday before school Year 7 Mega Rock Band: Wednesday lunchtime Year 8.1 Rock Band: Thursday lunchtime Year 8.2 Rock Band: Thursday lunchtime
Venue	Year 10 Rock Band: Room 38 Year 9 Rock Band: Room 38 Year 11.1 Rock Band: Yellow Room Year 11.2 Rock Band: Room 32A Year 7 Mega Rock Band: Room 38 Year 8.1 Rock Band: Room 32A Year 8.2 Rock Band: Room38
Staff	Various: Mr Kingwell, Mr Kay, Mr Corvaia and Mr Miller
Membership	Open to vocalists, guitarists, bass guitarist, keyboard and drum kit players by invitation or expression of interest and audition.
Description	The Rock Bands play covers of well-known pop and rock songs. They perform at assemblies, Iona Rocks! And Open Mornings.

String Ensemble

Time	Thursday morning 7.30am – 8.30am
Venue	Room 38
Staff	Ms Kingwell
Membership	Open to instrumentalists who play violin, viola, cello or double bass and are keen to play in an enjoyable, high-achieving ensemble. Students must audition or be invited to join. If a student is already experienced on her instrument by Year 7, she is eligible to audition for the String Orchestra.
Description	Repertoire is taken from classic orchestral music, film, stage and popular music.

Symphony Orchestra

Time	Monday morning: 7:30am – 8:30am
Venue	Room 38
Staff	Ms Kingwell
Membership	Open to instrumentalists who play a string, wind, brass or percussion instrument and are keen to play in an enjoyable, high-achieving ensemble. Students must audition or be invited to join. If a student is already experienced on her instrument by Year 7, she is eligible to audition for the Symphony Orchestra.
Description	Repertoire is taken from classic band music, film, stage and popular music. The Orchestra will perform at Presentation Night.

The Embouchures

Time	Friday morning: 7.30am – 8.30am
Venue	Room 32A
Staff	Mrs Toussaint-Jackson
Membership	Open primarily to brass, woodwind and percussion students in Years 7, 8 and 9. The Embouchures is a feeder band for Concert Band and is un-auditioned.
Description	Repertoire is taken from light classics, film and popular music. Once students have reached the standard required, they will graduate to the Concert Band.

For all ensembles:

Only illness or special permission from the ensemble director will excuse the student from performance or rehearsal. A note from a parent or guardian is expected before an absence from a performance or rehearsal. Membership of all groups requires commitment for the full year, unless otherwise specifically stated.

SERVICE LEARNING

Community Cook Up

Time	Thursday After school – 3.45pm – 4.45pm <ul style="list-style-type: none"> • 5 August • 26 August • 2 September • 16 September
Venue	Foods Rooms – Room F112
Staff	Mrs McLean, Mrs Jones, Mrs Watson Mrs La Verghetta, Mrs Koenig & Mrs Champalle
Membership	Open to all students who display an interest in cooking and helping those in need. Community Cook-Up dates will be scheduled throughout the Term and students will be advised of these dates. Students are required to bring all ingredients to cook with and the produce will be donated to local Catholic and Christian organisations. Once a term student will be offered the opportunity to cook a meal for an outreach program and will be asked to contribute \$5 for the cost of ingredients in lieu of bringing their own. Year 7 students may attend once they have completed the Foods elective beginning at the start of Term 3.

Disabled Surfing

Unfortunately, Disabled Surfing has been cancelled in 2021 due to the Covid-19 Pandemic.

Duke of Edinburgh Award

Time	Wednesday lunchtime (Weeks 2, 4, 6, 8 & 10) Logbook Check in
Venue	Solais
Staff	Mrs Powell- Award Leader
Membership	The Duke of Edinburgh Award runs from Terms 1-4 and is open to students in Years 9-12.
Description	The Duke of Edinburgh Award is a voluntary awards program for youth personal development. Students work towards a Bronze, Silver and Gold Award in components such as service, skills, physical recreation and adventurous journey. Students complete their hours of involvement and maintain a logbook and attend meetings as schedule by the Award leader.

Enviro Group

Time	Wednesday lunchtime. Meetings commence at the start of lunch.
Venue	F115
Staff	Ms Perche & Miss Bielski- Naprawski
Membership	Open to all years. Attendance at weekly meetings and events as required.
Description	<p>Do you love nature and wildlife? Do you care about climate change and the devastating impact of plastic waste on our oceans and marine life? Do you want to take an active role in being a steward of our environment and to support the larger effort of the Presentation Sisters related to sustainable development goals?</p> <p>The Environment Group is open to all year groups. We welcome members who are interested in environmental issues and, most importantly, we welcome people who are ready to step up and take action, starting with promoting sustainable practices at our College. In joining the Environment Group, you will have the opportunity to develop leadership skills, be involved in problem solving and develop sound communication skills. As we are interested in supporting environmental action on a local, national and global level, you will enjoy the opportunity to network with like-minded students from within the College and from elsewhere. You will also have the opportunity to listen to inspiring guest speakers and learn what you can do to truly make a difference.</p>

Ministry Group

Time	Various times throughout the school year. Tuesday Recess.
Venue	To be advised depending on the event
Staff	Miss Thomson, Ms Monaco, Miss Porcaro & Mrs Martelli
Membership	Open to students in Year 7 -12.
Description	<p>The Student Ministry Group is open to all students from Year 7 - 12 who have an interest in faith ministry, music ministry and mission drives. Students will be involved in assisting with Mass and Liturgy preparations as well as other faith-related and service-related aspects of college life, or alternatively, assist with liturgical music at our Masses and liturgies when required. This is a new co-curricular activity in 2021 and inaugural members will have a say in shaping what this co-curricular will look like at Iona</p>

Uthando Dolls

Time	Term 2: Tuesday afternoon. 3:45pm -4:45pm
Venue	F412
Staff	Ms Costa
Membership	All years
Description	<p>Uthando means love. The organisation enables Australians to make dolls for children affected by HIV and AIDS in South Africa. These children literally have nothing. They are affected by HIV either because they have lost their parents to the virus or they are HIV positive or both.</p> <p>Students need to bring \$10 for shipping and materials. Collect a pattern, fabric to make the doll.</p> <p>Students wishing to participate may also join in the Makers Club group at the College to build or alternatively collect a pack from Mrs Costa and complete at home.</p> <p>Students receive three hours of Iona Care.</p>

Young Pressies

Time	Tuesday lunch time. Meetings commence at the start of lunch.
Venue	F115
Staff	Miss Thomson, Ms Husband and Mrs Sacher
Membership	All students from Years 7–12, are welcome to attend and develop themselves as a young Presentation person who is passionate about social justice. Attendance at weekly meetings and events as required.
Description	Students who participate in this important service group will learn more about the social justice work and ministry of the Presentation Sisters, and engage in exciting and interesting service activities, listen to Guest Speakers and participate in advocacy activities centred around social justice. The focus of this service group is on Women and Children and Aboriginal People as our Presentation Sisters have a commitment to these groups at the United Nations in New York. Students will develop into true Presentation people as a result of partaking in this exciting service group.

SPORT

IGSSA SPORT

Term 1	Term 2	Term 3	Term 4
Swimming	Cross Country	Athletics	Water Polo
Volleyball	Hockey	Soccer	Softball
Tennis	Netball	Basketball	AFL
Badminton 11/12	AFL Freo Dockers Cup		Badminton 9/10

IGSSA Swimming, Cross Country and Athletics

Time	Morning session times vary – approx. 6.30-8.00am
Venue	Iona College Pool & HBF Stadium, Davis Oval & Alderbury Reserve, WA Athletics Stadium
Staff	DOS and Coordinator (PE staff) and coaches
Membership	Team selection from Interhouse Carnivals, Meet performances and training commitment.

*Refer to Schedules published by the Director of Sport for specific training and game days with venues.

IGSSA Team Sports (including Cricket, Tennis, Volleyball, Badminton, Netball, Hockey, Soccer, Basketball, Softball, AFL and Water Polo)

Time	Senior: (11/12) Tues am Training Thurs pm Game Junior: (9/10) Tue pm Training Thurs pm Game 7/8: Mon pm Training Wed pm Game 7/8 Cricket Fri am Training Tues pm Game
Venue	Varies with sport including Iona Junior School, Iona Gym, Iona College Green, and various schools and facilities in Perth (e.g. John XXIII College, UWA Sports Park, Stevens Reserve, Fremantle Netball Association, Perth Netball Association)
Staff	Director of Sport and Iona HPE staff (as coordinators) and Iona coaches
Membership	Team selection based on trials and training attendance

*Refer to Schedules published by the Director of Sport for specific training and game days with venues.

TERM THREE

IGSSA Athletics Training

Time	6.45am – 8.00am- Monday - Friday: All years Monday: Shot Put & discus High Jump Middle Distance Tuesday: Sprints Javelin, Hurdles & Long Jump Wednesday: Strength/ Speed/ Power Session Thursday: All events Friday: Shot put & discus High Jump Middle Distance and Sprints
	Monday: Shot Put and discus – Iona College Green High Jump- College Gym Middle Distance – Davis Oval Tuesday: Sprints- Davis Oval Speed power session – Gym Wednesday: Javelin, Hurdles & Long Jump – Iona Junior School Thursday: All events- WA Athletics Stadium Friday: Shot Put and discus – Iona College Green High Jump- College Gym Middle Distance – Davis Oval
Staff	Ms Walton, Ms Anderson & Ms Mulcahy Sprints: Lyn Foreman & Courtney Preston Middle Distance: Raf Baugh Javelin & Discus: Janno Vander Linde Javelin: Jenna Lamborn Long Jump: Ashlee Glands Shot Put- Shannon Trew High Jump: Luke Parker Hurdles/sprint/ Long Jump: Lauren Wright Throws: Chloe Bodoni
Membership	All years
Description	Preparation for 2021 IGSSA Athletics Season

Refer to Schedules published by the Director of Sport for specific training and meets with venues

IGSSA Team Sports – Basketball

Time	Year 7-8: Mon pm Training Wed pm Fixtures Junior (9-10) Tuesday am Training Thurs pm Fixtures Senior: (11-12) Tuesday am Thursday pm Fixtures
Venue	Year 7-8 Training: Junior School Fixtures- Various venues Junior Training: Junior School Fixtures- Various venues Senior Training: Iona Gym Fixtures- Various venues
Staff	Year 7-8: Miss Anderson Junior (9-10): Mr Eardley Senior: (11-12) Miss Verios
Membership	Team selection based on trials and training attendance

*Refer to Schedules published by the Director of Sport for specific training and game days with venues.

IGSSA Team Sports – Soccer

Time	Year 7-8: Mon pm Training Wed pm Fixtures Junior (9-10) Tuesday am Training Thurs pm Fixtures Senior: (11-12) Tuesday am Thursday pm Fixtures
Venue	Year 7-8 Training: Davis Oval Fixtures- Various venues Junior Training: Mann Oval Fixtures – Various venues Senior Training: Junior School Fixtures- Various venues
Staff	Year 7-8: Miss Errington-Wood Junior (9-10): Miss Wilkinson & Ms Walton Senior: (11-12) Mr Larcher & Ms Walton
Membership	Team selection based on trials and training attendance

*Refer to Schedules published by the Director of Sport for specific training and game days with venues.

External Competitions

Iona Netball Club (Years 7-11) (External Club)

Time	Terms 2 and 3 Year 7-8 Training Wednesday morning (6:50am- 8:00am) Year 9-11 Training Thursday morning (6:50am – 8:00am) Games: Saturday Morning Grading Term 1
Venue	Training – Junior School Games - Matthews Netball Centre
Club Coordinator	Mrs Tonya Prendiville (Senior School parent)
Membership	Teams selected at trials in Term 1.

Iona Rowing Club (Years 8 -11 only) (External Club)

Time	Team Selection and Nominations – Term 1 Term 1 & Term 2 Training three mornings per week at Fremantle Rowing Club. Monday 5:30am – 7:15pm Wednesday 5:30am – 7:15am Friday 5:30am – 7:15am All Schools Competition on Saturday/ Sunday mornings on the following dates: <ul style="list-style-type: none"> • 15 May 2021 • 30 May 2021 • 5 June 2021 • 19 June 2021 IGSSA Regattas <ul style="list-style-type: none"> • IGSSA Rowing Regatta Three – 29 May • IGSSA Rowing Regatta Four- 12 June
	Training – Fremantle Rowing Club Rowing Regattas: Champion Lakes
Head Coach	Head Coach: Keely Atchinson Senior Coach: Lily Tinapple Mentor Coach: Peter Holliday (President of FRC) Assistant Coach: Charlotte Broad Assistant Coach: Beth Prendergast
Club Co-ordinator	Debra Powell Dean of Co- Curricular
Membership	Year 8-11 -Team Selection Trials

Western Australian Volleyball League (WAVL) (External Club- ECU)

Time	Terms 2 and 3 Training: Years 7-9 Tuesday morning (6:45am – 8:00am) Years 11-12 Thursday morning (6:45am – 8:00am) Games: Friday Night
Venue	Training – Senior School Gym Games: - Various
Staff	Ms Tessa Anderson
Membership	Team trials - aligned with ECU Volleyball Club

WELLBEING & STUDENT DEVELOPMENT

Fitness Club

Time	7.00am-8.00am Monday and Friday
Venue	Iona 'Powerbase' Fitness Centre
Staff	PE staff and instructors from 5 th Element Fitness
Membership	Open to all students (Year 7 from Semester 2 after induction)
Description	Weights, CV fitness training, Strength & Conditioning

Mindfulness Group

Time	Friday Lunchtime
Venue	Room 37
Staff	Ms Perche
Membership	Open to all years
Description	<p>Do you ever feel stressed at school? Are you interested in learning some techniques which will help you to stay calm? When we cultivate a loving heart and peaceful mind, we can more easily face the challenges that come our way. Research on the neurobiology of mindfulness suggests that focus and emotional self-regulation can be improved through having a regular mindfulness practice.</p> <p>The Mindfulness Group is open to all year groups. We welcome members who are interested in self-development and wellbeing. In joining the Mindfulness Group, you will have the opportunity to learn how to relax and stay calm, through trying out a variety of meditation and mindfulness techniques. Our Laughter Yoga sessions are a lot of fun too!</p>

Running Club

Time	7.00am-8.00am. Every Wednesday morning T 1-4
Venue	Iona and Mosman Park
Staff	Ms Bielski-Naprawski and various Iona Staff
Membership	Open to all students.
Description	Interested in becoming a runner but don't know where to start? Start with Iona Running Club! Every Wednesday morning the Running Club tackle a 3.2km run around Mosman Park. During Term 1 we also do some practice sessions of the Interhouse Cross Country course. The great thing is you do not need to be a star runner to do this. You set your own pace and the staff will always make sure there is someone behind you. There is no pressure to make and beat set times. You can set your own weekly targets and long-term goals for your running. Running club runs right through the year but you only need to commit for a time that suits you. It's also a great way to maintain your fitness between other IGSSA team sports.

Student Leadership Program

Time	Monday Lunchtime <ul style="list-style-type: none"> • 10 May • 17 May • 31 May • 14 June • 21 June Bring your laptop and a pen
Venue	Venue TBC
Staff	Mrs Miller
Membership	Open to Year 9 students. Students must complete Expression of Interest form.
Description	<p>Leadership development is an important dimension of the Iona community, as we want all students to grow as leaders and make a difference each day both within the College and beyond.</p> <p>Over the course of the year, you will be afforded many opportunities where you will be called to provide leadership whether it is a formal or informal setting. One of the leadership opportunities on offer to Year 9 students, is a five-week leadership course that will be held over the course of Term 2.</p> <p>The focus of this program is to provide an occasion where students come together to gain a common understanding of leadership and what it entails to be a leader. Students will be involved in a variety of activities including team building ventures, problem solving challenges and much more.</p>

Year 7 Games Room *** NEW

Time	Wednesday lunchtime
Venue	Room 63
Staff	Mrs Sabatini
Membership	Year 7 students
Description	All Year 7s are welcome to spend lunch time playing games. Jenga, chess, checkers, cards, puzzles, hungry hippo and lots more!